



**Travelwise**  
TRAVEL EXPERTS

# BIKE WEEK 2010

13 - 27 June 2010



Photography courtesy of Countryside Access & Activities Network

## Events in Coleraine Borough Council Area



### Portballintrae (Bushfoot)/Giants Causeway and return

Sunday 13 June 2010 at 2:45pm

This family cycling event, of approximately 4.5 miles long, starts and finishes at Coleraine Borough Council's car park adjacent to Bushfoot Golf Club, Bushfoot Road, Portballintrae. Cycle towards Bushmills along Ballaghmore Road and then follow the shared use path beside the heritage railway to the terminus at the Causeway. Toilet facilities and shop at station. Return via the same route.

### 'Banter by Bike', Garvagh Forest, Garvagh



Thursday 17 June 2010 at 6:45pm

Join local forest guide Steve McCartney for a leisurely ride around Garvagh Forest. During this family event, suitable for children with some cycling experience (but not the very young), Steve will lead the ride around traffic-free forest roads, stopping off at various points along the route to discuss the forest's flora and fauna. Along the route there are several hill climbs, and sections of the route have a surface of loose stones (not really suitable for very fine tyres, and more challenging for young children). The meeting point is the main forest car park off Garvagh's Main Street.

### Lower Bann Cycleway (Ballymoney to Coleraine and return)



Saturday 19 June 2010 at 10am

Come along and try a more challenging event suitable for those with previous cycling experience and a reasonable level of fitness. This 18 miles cycle ride, starting and finishing in Ballymoney's Riverside Park (main car park off Armour Avenue), follows NCN Route 96 into Coleraine and returns to Ballymoney via the Lower Bann Cycleway. The majority of the route is along minor country roads, affording beautiful views over the Antrim Hills and the River Bann, and includes several small hill climbs. Light refreshments at half way point. Not suitable for primary school age children. All other children must be accompanied by an adult. (For further information about this event Tel: 028 7034 7234 or Tel: 028 2766 0227).

## Cycle Ride and BBQ - Cloonavin, Coleraine



Wednesday 23 June 2010 at 6:45pm

Enjoy a family cycle ride (approx. 6-7 miles) starting and finishing at Cloonavin, Portstewart Rd, Coleraine. The route follows NCN 93 through Coleraine, following the River Bann through Christie Park and includes an optional section through the picturesque Somerset Forest. Finish off the evening with a free BBQ at Cloonavin. For catering purposes it is essential to register with Council's Leisure Services before Monday 21st June 2010 (Tel: 028 7034 7234).

**FREE PRIZE DRAW - GIFT VOUCHERS AND CYCLING ACCESSORIES.**

## Pedalling Picnic on the North Coast (Coleraine/Portstewart/Portrush and return)

Sunday 27 June 2010 at 2:45pm

Finish off Bike Week with a 14 miles cycle ride along the North Coast, starting and finishing at Coleraine Marina Car Park. Enjoy the stunning coastal scenery along the route which follows National Cycle Network (NCN) Route 93 from Coleraine, through Portstewart to Portrush Harbour area, where light refreshments will be available. Cyclists return via the same route. Much of the route is along segregated and traffic-free cycle paths. Ideally better suited to those with some cycling experience and a reasonable level of fitness.

**Bike2Work Day**

**Friday 18 June 2010**

During Bikeweek employees are encouraged to cycle to work as an alternative to using motorised transport.

### Additional information

- All children at the above events must be accompanied by an adult.
- Coleraine Borough Council strongly recommends cyclists to wear helmets. This is compulsory for Under 16s.
- Cyclists on roads should follow The Highway Code.
- Cyclists must ensure their bicycles are in a roadworthy condition.
- Cyclists should wear suitable clothing and come prepared for adverse weather conditions.
- Should adverse weather conditions arise, in the interests of health and safety, the organisers reserve the right to cancel any event.
- This programme of events is subject to revision, addition or cancellation without notice should unforeseen circumstances arise.

Coleraine Borough Council acknowledges the financial support provided by  
**Travelwise NI** in the organisation of these cycling events.



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BOROUGH COUNCIL**



**BALLYMONEY  
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